UpToDate® Helps Kurashiki Central Hospital Deliver World-Class Healthcare

ABOUT KURASHIKI CENTRAL HOSPITAL
Kurashiki Central Hospital is a private teaching hospital founded by former president of Kurashiki Boseki Ltd., Magosaburo Ohara, committed to providing quality healthcare for the 800,000 people in the western district of Okayama Prefecture in Japan. Over the last 9 decades, the hospital has seen growth and success, and today more than 1,000 inpatients and 2,700 outpatients are treated at Kurashiki Central Hospital each day.

Kurashiki Central Hospital official website: http://www.kchnet.or.jp/en/

EMBRACING EVIDENCE-BASED MEDICINE TO PROVIDE WORLD-CLASS CARE
In 2008, Kurashiki Central Hospital subscribed to UpToDate for institution-wide evidence-based clinical decision support. The mission, product and services of UpToDate support all the fundamental principles of Kurashiki Central Hospital and align with the hospital’s core values. Kurashiki Central Hospital focuses on three main principles: commitment to successful patient outcomes, integrated treatment for the whole patient, and utilization of technology and resources that support evidence-based care.

PATIENT-CENTERED CARE
The first principle of Kurashiki Central Hospital is to provide safe, personalized and effective treatment which results in successful patient outcomes and maintains high ethical standards. To support this mission, Kurashiki Central Hospital continues to invest in continuing medical education for all physicians. Research has shown that
UpToDate plays an important role in medical education; in fact, the use of UpToDate for 30 minutes per day resulted in increases in test scores equivalent to a year of residency.1

Physicians at Kurashiki Central Hospital...
"UpToDate content is written and arranged in a way that reflects how physicians think and practice," said Dr. Toshio Fukuoka, M.D., Chief Director of the Emergency and Critical Care Center, the Department of General Medicine, and Director of the Department of Research and Medical Education at Kurashiki Central Hospital. "With more than 10,000 clinical topics, UpToDate is one of the most useful resources for our physicians — not only for practicing, but also for their clinical case studies, research, or presentations."

Dr. Toshio Fukuoka has also found that doctors of all backgrounds use UpToDate while practicing. "Some senior doctors from the cardiovascular and surgery departments mentioned to me that the comprehensive review of medical journals, UpToDate is a great electronic resource where they can find graded recommendations easily and save themselves a lot of time."

CASE STUDY

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Believe UpToDate improves the quality of patient care  
Have used UpToDate  
Say UpToDate helps them reach a clinical answer faster  
Are satisfied or very satisfied with UpToDate

Physicians at Kurashiki Central Hospital Internal Survey of Kurashiki Central Hospital Physicians, December 2013. N=50

Dr. Toshio Fukuoka, M.D., Chief Director of the Emergency and Critical Care Center, the Department of General Medicine, and Director of the Department of Research and Medical Education at Kurashiki Central Hospital

Kurashiki Central Hospital flower garden
KURASHIKI CENTRAL HOSPITAL PHYSICIANS ANSWERED:

"WHICH OF THE FOLLOWING DATABASES DO YOU MOSTLY USE IN YOUR HOSPITAL?"

<table>
<thead>
<tr>
<th>Database</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>UpToDate</td>
<td>64%</td>
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<tr>
<td>ScienceDirect</td>
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<tr>
<td>ClinicalKey</td>
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<tr>
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<td>2%</td>
</tr>
<tr>
<td>Cochrane Library</td>
<td>2%</td>
</tr>
</tbody>
</table>

Internal Survey of Kurashiki Central Hospital Physicians, December 2013. N=50

CARE FOR THE WHOLE PATIENT
Kurashiki Central Hospital’s second principle is to offer integrated treatment that combines expertise, technology and philanthropy. UpToDate provides comprehensive coverage of clinical topics and medical knowledge within 21 specialties, allowing physicians and staff to research clinical questions that may be outside their primary area of knowledge.

“At Kurashiki Central Hospital, we care about patients’ overall health, not just a specific condition,” Dr. Toshio Fukuoka emphasized. “With our management team’s full support on the adoption of clinical decision support systems such as UpToDate, our physicians can diagnose and treat their patients with the most comprehensive and updated clinical content.”

ADVANCED AND HIGH-QUALITY CARE
The third principle of Kurashiki Central Hospital is to provide treatment that is grounded in evidence, while proactively deepening physicians’ and other staff’s expertise. Therefore, using an evidence-based resource, like UpToDate, to diagnose and treat patients is a key requirement for all physicians. “We all understand that physicians need to see more patients in less time. However, we’re not going to compromise our quality of patient care,” Dr. Toshio Fukuoka stated. “So we require physicians to practice medicine that is based on evidence, which ensures we can provide high-quality care.”
INVESTMENT IN SUCCESS
UpToDate is well-used and highly regarded by the physicians within Kurashiki Central Hospital as a trusted resource at the point of care, and one that has a direct impact on the quality of care they provide. The hospital is also investing significantly in IT infrastructure that supports physicians’ daily tasks and provides additional access points to UpToDate. “With good IT infrastructure, our physicians can easily access UpToDate at the point of care,” Dr. Toshio Fukuoka said.

Together, Kurashiki Central Hospital and UpToDate are delivering advanced world-class healthcare to the residents of Japan.

ABOUT UPTODATE
UpToDate, part of Wolters Kluwer Health, is an evidence-based, physician-authored clinical decision support resource used by more than 850,000 clinicians and 29,000 medical institutions worldwide. Our world-renowned authors, editors and peer reviewers use a rigorous editorial process to synthesize the most recent medical information into evidence-based, recommendations clinicians trust to make the right point-of-care decisions.